

# TRAINING

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training

# Sensory Attachment Intervention

## What is it?

**Sensory Attachment Intervention (SAI)** is an integrative approach to the treatment of those who have experienced early adversity, trauma and/or neglect. These negative experiences can impact on a child or adult's capacity to cope with stress throughout life. People can find themselves in a constantly mobilised state and unable to cope with the everyday stresses of life.

Children develop behavioural strategies early on in order to survive their attachment environment. The goal is to either maintain the attention, and regulate the response of their attachment figures or to elicit their attention and approval. While these self protective strategies change in sophistication across the lifespan the basic functions of attachment do not (Crittenden 2015). SAI follows the neurological principle of use-dependent learning i.e. all parts of the brain can modify their functioning in response to specific patterns of activation. (Perry 2001).

SAI provides therapists with a range of evidence based skills and resources to address sensory attachment patterns in children and carers and; develop strategies for distress regulation.

## Book now for

Nov & Dec 2022  
And Jan 2023

All training is online  
until further notice

**Only 14 places available**

These training courses are internationally oversubscribed and as such we are bringing them to you; albeit late this year.

This training follows the therapist pathway to accreditation and is therefore only available to qualified therapists.

Programme:

'Attachment; Parent - Child Relationships' 3 days 22nd - 24th Nov 2022 with Helen Johnson

'SAI Foundation' 3 days 14th -16th Dec 2022 with Éadaoin Bhreathnach

'Just Right State' 4 days 12th - 13th and 19th - 20th Jan 2023 with Éadaoin Bhreathnach

**Total Cost £1830 pp**  
Terms & conditions apply

Secure your place with a deposit of £146.40 (non-refundable)

Flexible payment terms are available on request.

Full programme cost must be paid by 23rd September 2022

Book your place here:

<https://headsight.arlo.co/w/courses/103-sensory-attachment-intervention>

Questions to  
[patrick@headsightservices.com](mailto:patrick@headsightservices.com)