

# School Mental Health Leadership Programme

**Intermediate Level**  
(DfE assured and QA passed)



## Bringing it all together

The impact of poor mental health on students, families and staff is well known however, developing a sustainable and strategic approach to providing support is a challenge.

This programme is designed for school leaders with responsibility for whole school responses. Within the academic year, leaders will have the opportunity to create and implement a strategic plan including: baseline assessments from governance to targeted provision and referrals. Action plans for development and direct and sustainable links to the school development plan.

**PRIMARY SCHOOLS**

Next cohort starts

September 28th 2023



### Online Tutoring and coaching

The whole programme is delivered online to prevent disruption.



### Coaching

Individual coaching sessions available to all participants with a leader from their sector.



### Group support

Our partnership with Creative Education will provide you with on-going support and development.

## By leaders for leaders

Our programme is designed and delivered by leaders in education and mental health.

It is important to us that the programme is both designed and delivered by those with real lived experience in delivering positive change in education environments and have a thorough understanding of effective support and intervention for mental health difficulties.

Course leaders and coaches include:

**John Rees:** National lead in developing policy and practice for PSHE and Healthy Schools.

**Tony France:** Specialist in early trauma, vulnerable children and families and former LA advisor.

**Neil Hall:** 20 years as a senior leader in secondary provision and executive head for primary.

**Hayley Folley:** A registered LD nurse and mental health practitioner with over 25 years experience of working with schools, children and families.



**Bill Fox:** Has extensive experience helping leaders through challenging changes and transitions and in creating positive and safe environments.

**Laura Bromberg:** Laura has supported schools and their leaders nationally and internationally for many years, specialising in the attainment and progress of disadvantaged and vulnerable students and those with complex medical needs.

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**For details of how to claim the DfE funding please use the link below**

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**<https://bit.ly/3mPLg8J>**

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### WHAT DOES IT COST?

These courses have been approved for full DfE funding. The cost of each programme is £950 + VAT.

Each programme is delivered over two full days and 3 twilight sessions plus 3 individual coaching sessions.

Book your place here: <https://bit.ly/3AKM1o7>



## What schools are saying

### Some of the feedback we have received so far:

This was an excellent course, well run at a good pace by a team of extremely knowledgeable people. They have given me the tools, and confidence to make positive changes not only to my practice but to my current workplace to benefit both children and staff. **Horizon Primary Academy**

I found the course extremely helpful and informative. All of the staff who spoke at each session are highly skilled and offer lots of useful information and experience in order for us to put this into practice. John is my mentor and he is extremely approachable and supportive. I am able to contact him at any time and can guarantee I will get a quick response from him. Overall, I am really pleased that I chose Headsight to deliver the course as the knowledge I have gained is invaluable. I would highly recommend this company to anyone who is looking to complete the training. **Willow Wood Community Primary School**

The training was very comprehensive. I particularly liked the way that the facilitators were happy to answer all of our questions, even if that meant going off at a slight tangent for a while. This made the course even more useful as we had scope to bring real-life issues to the discussion. **Ashton Gate Primary School**

I have found each of the sessions very interesting. The coaching sessions have provided a great opportunity to discuss issues and ways forward for my school in particular and I have been able to use what I have learnt after each session in my school. The whole course has really helped me to evaluate where we are up to at the moment with regards to mental health and wellbeing and also to start putting together an action plan going forward. **St. Edward's C of E Primary School**

The course has been enjoyable and insightful. I have learned a great deal in relation to prioritising the mental health needs of staff, children and families in our community. The input from the experts has been very valuable and I have taken lots of inspiration and practical ideas from colleagues in other schools. I feel confident that I am equipped to move forward as a Senior Mental Health Lead. **Seaton Sluice First School**

The sessions have been very well structured to enable 'space' for a wider look at school practice. **Stainforth Kirton Lane Primary School**

The training from Headsight was led fantastically via zoom. The break out rooms were efficient and enabled us to share ideas with other colleagues. The leaders of the program were very knowledgeable and gave us great insight. They also shared theory which we were able to embed into our practice. **St. Matthew's C of E Primary School**

The course content was relevant and very useful in my role as lead for mental health. Every opportunity to network was provided and it was good to be able to share good practice with others. **Coads Green Primary School**

## What the DfE are saying

Our course has been through a deep dive QA process, conducted by Leeds Beckett University.

In 8 out of 9 investigated areas, evidence was found that we are exceeding delivery expectations.

Leeds Beckett said:

*This is an impressive, robust course, and is well-linked to research and policies. There are excellent links to further resources embedded throughout.*

*The vast range of expertise among the trainers across all settings is sure to add a lot of value to the course.*

*The methods and resources provided for planning, implementing, and sustaining strategic change are excellent, the self-assessment tool and development plan being particularly impressive*

**Our thanks goes out to all that have undertaken the programme thus far.**

Please contact [patrick@headsightservices.com](mailto:patrick@headsightservices.com) to book