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DEBRIEFING MASTERCLASS & FOUNDATION CERTIFICATE IN:

TRAUMA INFORMED DEBRIEFING

MARCH 06TH AND 07TH 2024

Pre-course
eLearning
included

20
CPD HOURS

Why attend?

There are no shortage of mandates for debriefing, which plays a key role in support and learning; helping us to fulfil our duty of care and create positive and safer services. Debriefing forms one of Huckshorn's '6 Core Strategies' for reducing restrictive practices. The practical briefing, handover, and debriefing skills that TAG provides will enable participants to apply their learning immediately, fostering trust and resilience within their teams and organisations.

Bridging the Gap. This programme addresses the gap between trauma awareness and specialist support and interventions, by building the skills of local managers, trainers and practitioners; which is crucial for fostering a trauma-informed environment and tapping into day-to-day opportunities for learning and support.

Evidence clearly shows that trauma impacts people's physical and mental health in a particular sequence. Our model, based on research into the Neurosequential Model of Therapeutics by Dr Bruce Perry and Dr Bessel van Der Kolk, provides strategies for processing and healing trauma in the most effective ways.

Calm, Connect, Communicate is our unique approach to becoming truly trauma responsive. This model will enable participants to:



CLEARLY RECOGNISE WHEN THE CORE CONDITIONS THAT LEAD TO PSYCHOLOGICAL TRAUMA ARE PRESENT.

CONNECT WITH GROUPS OR INDIVIDUALS THAT ARE LIKELY TO BE THE MOST VULNERABLE.

COUNTER THE PRESENTING RISKS AND IMPACT OF TRAUMA.

TRANSITION
FROM
BEING TRAUMA
AWARE TO
TRAUMA
RESPONSIVE

"We know we need to debrief, but no one shows us how to do it!"

Learn how to:

Recognise Immediate Support Needs. Identify and address the immediate post-occurrence support needs of both staff and individuals receiving support.

Lead a 'Hot Debrief'. Gain the skills to lead a TAG Trauma Structured 'Hot Debrief' for demanding days.

Facilitate a 'Learning Review' Debrief. Learn how to sensitively facilitate a Structured Learning Review to help individuals and teams learn from their experiences.

Connect and Learn with Supported Individuals. The importance of connecting with and learning from the individuals receiving support, fostering a collaborative and restorative approach.

Deliver Effective Operational Briefings and Handovers. Deliver more effective operational briefings and handovers using TAG models, enhancing communication and information sharing.

Promote Reflective Practice. Learn how to lead reflective practice and develop learning teams and habits.

Optimise Person Centred Resources Available. Including TAG Trauma and RRN person centred tools and debriefing guidance.

Led by Experienced Professionals. The training is led by TAG Trauma mental health professionals and facilitators with real-world experience in crisis management, debriefing, and supporting recovery, ensuring practical relevance.

Personal Roles and Limitations. Delegates will also consider their personal roles and limitations, understanding when to engage with specialist support, especially for debriefing high-impact events and therapeutic interventions.

"Managers felt this was one of the best courses they had attended in terms of content, presentation and engagement. All in all, very highly regarded training and feedback from the team who went as far as stating this should be championed in reference to other services and rolled out to ensure consistency across these." Head of Learning Disability Services

When



Cost



EARLY BIRD
£425

BOOK BY DEC 01ST

Where

Holiday Inn Reading-South M4

RG2 0SL

CONTACT US

If we missed something that you would like to know, please contact:

events@tagtrauma.com or call **0330 133 8711**

eventbrite <https://bit.ly/3Q2GLpJ>

